

Build your own Crunch Box

Create your perfect crunch box with a selection of grains, pickles, ferments, toppings and dressings.

Finished with your choice of protein:

Pulled chicken. Halal option available

Smoked trout

Grilled halloumi

Grilled tempeh

Goat's cheese

Avocado

Broth bowls

Pulled garlic and ginger chicken broth, egg noodles, pickled mushrooms, charred little gem, carrot, courgette and mooli ribbons, coriander ginger, black sesame seeds

Vegetable Borough broth, ginger and soy tempeh, egg noodles, pickled mushrooms, charred little gem, carrot, courgette and mooli ribbons, coriander ginger, black sesame seeds

Homemade spianata sandwiches

Mortadella, burrata, basil pesto

Fennel salami, balsamic roasted fennel, pecorino

Courgette ribbons, whipped feta, mint chilli honey, toasted seeds

Roasted Italian-style vegetables, romesco, wild rocket

Signature lunch plates

Monday - Tuesday

Porchetta served with parmesan polenta and salsa verde

OR

Roast crown prince squash, chickpea falafel, broccoli, chermoula, labneh, pumpkin seeds

Wednesday - Thursday

Chicken Kiev served with Isle of Wight tenderstem broccoli, garlic and parsley butter. Halal option available

OR

Harissa roast aubergine, chickpea fricassee, pomegranate, coriander, soy yoghurt and sesame seeds